



LINCOLN WELLINGTON AC 5K RACE SERIES 2024

Incorporating the Memory Mile,
3k & 1k Junior Series



Lincs Van Hire
Great Value Van & Truck Hire

RACE LICENCE 2024-48043 - Flat, fast, traffic free course
(Course Certificate Number 15/221)

Yarborough Leisure Centre, Athletics Track, Riseholme Road, Lincoln LN1 3SP

2024 Race Dates: 28 May / 25 June / 30 July / 27 August

1k and 3k races start at 6.30pm

Memory Mile starts at 7.00pm

5k race starts at 7.30pm

5k: 15 and over, u/17 u/20 Senior/Vet

Memory Mile: 9 and over

3k: 9 and over, u/13, u/15

1k: u/11

1k race £4.00

5k race (club athletes) £6.00

5k race (un-aff. athletes) £8.00

3k race £5.00

Memory Mile £5.00

1k Series £12.00

5k Series (club athletes) £18.00

5k Series (un-aff. athletes) £24.00

3k Series £15.00

Memory Mile Series £15.00

5K Series Winner - 1st Male & Female £100.00,

★ **5K Series 2nd Male & Female £50.00, 3rd Male & Female £25.00** ★

Each Vets age category winner 40/50/60 - 1st Male & Female £40.00

Memory Mile Series Winner - 1st Male & Female £60.00

Memory Mile 2nd Male & Female £30.00, 3rd Male & Female £20.00

3k Series - individual medals for 1st/2nd/3rd series placings Male and Female

(Prizes: To win a prize you must complete at least 3 of the 4 races)

1k and 3k - medals to all participants for each race completed.

**Thank you to Lincs Van Hire (www.lincsvanhire.co.uk)
for their support of the Lincoln Wellington AC 5K Race Series**

£1.00 donation from ALL race entry fees this year, will go the Alzheimers Society

In aid of





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Memory Mile Series £15.00

NAME.....
EMAIL.....
PHONE NO.....
CLUB MALE / FEMALE
DATE OF BIRTHAGE ON 31 MAY 2024.....

AGE GROUPS BASED ON AGE ON DATE OF FIRST RACE IN SERIES
(PLEASE NOTE; Male/Female Veteran age groups are 40-49 / 50-59 / 60 onwards)

EVENT: * Please circle as appropriate to you.

1k* Under 11*
3k* 9 and over u/13* u/15 *
Memory Mile* 9 and over
5k* 15 and over* u/17* u/20* Senior* Vet*
RACE PAYMENT*: Whole Series* / 28 May* / 25 June* / 30 July* / 27 August*

REGISTRATION AND PAYMENT on first race or individual race days.
*£1.00 donation from ALL race entry fees this year, will go to the Alzheimer's Society

RACE NUMBERS ARE TO BE COLLECTED FROM RACE HQ (Sports Hub) PRIOR TO THE START

DISCLAIMER: I agree to abide by the rules of UK Athletics and the event. I understand that I enter the race at my own risk and that no person(s) or organisations will be held responsible for any accident, injury or loss to myself prior to, during, or after the event. I understand the organisers reserve the right to alter arrangements and conditions should circumstances require.

Please note: If under 18 years of age, a parent/guardian's signature is required.



Signature.....Date.....

