

LWAC 5k Series - 5k Race County Champs Results 25.07.23

Position	Time	Number	Firstname	Lastname	Running Club	Gender	Age Category	Lincs Champs	Lincs Champs position
1	14:53	1112	Tom	Straw	Lincoln Wellington Athletic Club	M	Sen	Y	1
2	15:03	1113	Ronny	Wilson	Lincoln Wellington Athletic Club	M	Sen	Y	2
3	15:16	1104	Shane	Robinson	Lincoln Wellington Athletic Club	M	Sen	Y	3
4	15:25	1121	Ryan	Page	Lincoln Wellington Athletic Club	M	Sen	Y	4
6	15:31	1091	Thomas	Carpenter	Lincoln Wellington Athletic Club	M	U20	Y	5
7	15:44	1080	Will	Goodacre	Lincoln Wellington Athletic Club	M	Sen	Y	6
8	16:00	1125	Alan	Oliver	Sleaford Striders AC	M	Sen	Y	7
9	16:02	1133	Marcus	Chesterton	Boston Triathlon Club	M	Sen	Y	8
12	16:07	1107	Jamie	Swindale	Lincoln Wellington Athletic Club	M	U20	Y	9
13	16:09	1147	Sophie	Wallis	Lincoln Wellington Athletic Club	F	Sen	Y	10
15	16:22	1108	Jordan	Carlile	Cleethorpes AC	M	Sen	Y	11
16	16:46	1139	Nathan	Addlesee	Lincoln & District Runners	M	Sen	Y	12
18	17:03	1082	India	Barwell	Lincoln Wellington Athletic Club	F	U20	Y	13
19	17:12	1126	Russel	Whittaker	Grantham Running Club	M	V40	Y	14
20	17:19	1081	Tyler	Morris	Lincoln Wellington Athletic Club	M	U17	Y	15
21	17:22	1155	Emerson	Barbosa		M	U17	Y	16
22	17:23	1078	Charlie	Hanson	Lincoln Wellington Athletic Club	F	Sen	Y	17
23	17:29	1169	Tom	Hansen	Lincoln & District Runners	M	Sen	Y	18
26	17:37	1180	Wayne	Lathwell	Lincoln Wellington Athletic Club	M	V40	Y	19
27	17:41	1127	Samuel	Spencer	Lincoln & District Runners	M	V50	Y	20
28	17:42	1131	Chris	Sutton	Lincoln & District Runners	M	Sen	Y	21
30	17:47	1100	Ian	Boyle		M	Sen	Y	22
31	17:48	1118	Patricia	Jackman	Lincoln & District Runners	F	Sen	Y	23
33	17:56	1124	Greg	Southern	Sleaford Striders AC	M	V50	Y	24
35	18:07	1117	Craig	Lewis	Lincoln & District Runners	M	V40	Y	25
36	18:08	1175	Edward	Evison	Lincoln Wellington Athletic Club	M	U17	Y	26
39	18:31	1168	John	Clifton		M	V40	Y	27
41	18:35	1188	Rebecca	Cole	Lincoln Wellington Athletic Club	F	V40	Y	28
42	18:46	1103	Peter	Bonner	Grantham Running Club	M	V40	Y	29

43	18:48	1167	Steven	Roberts	Boston Triathlon Club	M	V50	Y	30
45	18:53	1179	Sophie	George	Lincoln Wellington Athletic Club	F	Sen	Y	31
47	18:58	1090	Phil	Bamford-Birkitt	Gainsborough & Morton Striders	M	V40	Y	32
49	19:05	1186	Dylan	Lee		M	U17	Y	33
51	19:11	918	Oliver	Hughes		M	V40	Y	34
53	19:15	1079	Gareth	Ellis	Lincoln Wellington Athletic Club	M	V40	Y	35
54	19:18	1083	Neil	McBride		M	V50	Y	36
55	19:23	1181	Marcus	Lancastle	Lincoln & District Runners	M	V50	Y	37
56	19:32	1084	Peter	Duncan	Lincoln Wellington Athletic Club	M	V60	Y	38
57	19:36	1193	Lewis	Perkins		M	Sen	Y	39
58	19:37	1161	Robin	Atter	Grantham Running Club	M	V40	Y	40
59	19:40	1166	James	Hutson	Cleethorpes AC	M	V40	Y	41
60	19:41	971	Matthew	Atter	Grantham Running Club	M	V40	Y	42
62	19:43	1092	William	Wilkinson	Lincoln Wellington Athletic Club	M	U17	Y	43
63	19:46	1187	Ewan	Merrell	Lincoln Wellington Athletic Club	M	U20	Y	44
64	19:49	1189	Daniel	Pearce	Grantham Running Club	M	V40	Y	45
66	19:57	1077	Liam	Whittaker	Grantham Athletic Club	M	U17	Y	46
68	20:01	1152	Holly	Haywood	Lincoln Wellington Athletic Club	F	Sen	Y	47
69	20:05	1102	Neil	Coney	Lincoln Wellington Athletic Club	M	V50	Y	48
70	20:10	1198	Martyn	Gammidge	Caistor Running Club	M	V50	Y	49
72	20:22	894	Chris	Limmer	Hinckley RC/Grantham RC	M	Sen	Y	50
74	20:34	1195	Dave	Wainwright		M	V50	Y	51
75	20:38	1130	Chris	Groome	Lincoln Wellington Athletic Club	M	Sen	Y	52
77	20:45	1116	Fiona	Usher	Lincoln & District Runners	F	V60	Y	53
78	20:45	1128	Alan	Carley	Grantham Running Club	M	V50	Y	54
80	21:12	1163	Rachel	Hamilton	Grantham Running Club	F	Sen	Y	55
81	21:13	1154	Glenn	Moore	Lincoln Wellington Athletic Club	M	V60	Y	56
83	21:19	1120	Helen	Pavey	Lincoln Wellington Athletic Club	F	V50	Y	57
84	21:22	1122	Hannah	Whittaker	Grantham Running Club	F	V40	Y	58
85	21:38	1182	David	Evison	Lincoln Wellington Athletic Club	M	V50	Y	59
88	22:04	1134	Geoff	Hall		M	V60	Y	60
90	22:07	1142	Anna-Marie	Thompson	Sleaford Striders AC	F	V50	Y	61
91	22:08	1158	Christopher	Inman	Gainsborough & Morton Striders	M	V60	Y	62

92	22:19	1099	Catherine	Wilkinson		F	V40	Y	63
94	22:21	1138	Catherine	Payne	Grantham Running Club	F	V50	Y	64
96	22:36	1150	Lily	Samkin	Lincoln Wellington Athletic Club	F	U17	Y	65
99	23:02	1196	Barrie	Gammidge		M	V50	Y	66
101	23:09	1197	Jo	Diffey	Lincoln Wellington Athletic Club	F	V50	Y	67
106	23:46	1145	Hannah	Mather	Lincoln Wellington Athletic Club	F	U17	Y	68
107	23:50	1184	Vikki	Hearn	Gainsborough & Morton Striders	F	V40	Y	69
108	23:53	1076	Janice	Davidson	Grantham Athletic Club	F	V60	Y	70
109	24:01	1192	Katrina	McDonald		F	V40	Y	71
110	24:15	1146	Scott	Nicholls	Lincoln Wellington Athletic Club	M	V50	Y	72
111	24:29	1144	Sylv	Hull	Grantham Running Club	F	V40	Y	73
115	24:46	1165	Paul	Jepson	Grantham Running Club	M	V60	Y	74
116	24:51	1129	Elle	Sinclair	Lincoln Wellington Athletic Club	F	Sen	Y	75
120	25:12	1153	Sarah	High	Grantham Running Club	F	V60	Y	76
121	25:15	1194	Sarah	Chadwick		F	V40	Y	77
124	27:17	1137	Jim	Aram	Lincoln Wellington Athletic Club	M	V40	Y	78