

## LWAC 5k Series - 5k Race 4 Results 23.08.22

Position	Time	Number	Firstname	Lastname	Running Club	Gender	Age Categ	Gender Po	Category Position
1	14.48	629	Jordan	Skelly	Lincon Wellington Athletic Club	M	Sen	1	1
2	15.16	694	William	Strangeway	Lincoln Wellington Athletic Club	M	Sen	2	2
3	15.25	657	Ronny	Wilson	Lincoln Wellington Athletic Club	M	Sen	3	3
4	15.31	647	Caleb	Stephenson	Lincoln Wellington Athletic Club	M	U20	4	1
5	15.46	668	Ryan	Page	Lincoln Wellington Athletic Club	M	Sen	5	4
6	16.07	641	Thomas	Carpenter	Lincoln Wellington Athletic Club	M	U17	6	1
7	16.33	631	Henry	Samkin	Lincoln Wellington Athletic Club	M	U17	7	2
8	16.38	648	Jeremy	Jones	Lincoln & District Runners	M	Sen	8	5
9	16.48	661	Jamie	Swindale	Lincoln Wellington Athletic Club	M	U20	9	2
10	16.50	672	Alan	Oliver	Sleaford Striders Athletic Club	M	Sen	10	6
11	16.53	728	Geoffrey	Gregory	Newark Athletic Club	M	V40	11	1
12	17.01	695	Nathan	Addlesee	Lincoln & District Runners	M	Sen	12	7
13	17.23	682	Niall	Jackson		M	Sen	13	8
14	17.28	406	Wayne	Lathwell	Lincoln Wellington Athletic Club	M	V40	14	2
15	17.33	727	John	Mosley	Lincoln Wellington Athletic Club	M	V40	15	3
16	17.36	698	Tom	Hansen	Lincoln & District Runners	M	Sen	16	9
17	17.37	635	Charlie	Hanson	Lincoln Wellington Athletic Club	F	Sen	1	1
18	17.41	697	Jason	Robinson	Lincoln & District Runners	M	Sen	17	10
19	17.45	705	Jack	Chapman	Lincoln & District Runners	M	Sen	18	11
20	17.49	709	Natalie	Burns	Lincoln Wellington Athletic Club	F	Sen	2	2
21	17.50	669	Stuart	Eccles	Lincoln Wellington Athletic Club	M	Sen	19	12
22	17.59	671	Jake	Massey		M	Sen	20	13
23	18.01	624	Patrick	Liddell	Lincoln Wellington Athletic Club	M	V40	21	4
24	18.05	666	Chris	Sutton	Lincoln & District Runners	M	Sen	22	14
25	18.09	683	Danny	Hickson	Lincoln Wellington Athletic Club	M	Sen	23	15
26	18.10	43	Martin	Waite	Witham Runners (Lincolnshire)	M	V50	24	1
27	18.11	689	Leigh	Macdonald	Lincoln Wellington Athletic Club	M	Sen	25	16
28	18.23	94	Brian	Hawkins	Rotherham Harriers	M	V40	26	5
29	18.31	670	David	Vickers	Scunthorpe & District Running Club	M	V50	27	2
30	18.32	678	Raymond	Clayton	Lincoln Wellington Athletic Club	M	V40	28	6
31	18.49	715	Jack	Moore		M	U23	29	1
32	18.52	636	Kirk	Conroy		M	V40	30	7
33	18.54	626	Laurence	Montgomery	Lincoln Wellington Athletic Club	M	Sen	31	17
34	19.01	640	Evie	Brooks	Lincoln Wellington Athletic Club	F	U20	3	1
35	19.06	703	Dave	Dews	Newark Striders Running Club	M	Sen	32	18
36	19.08	718	John	Clifton		M	V40	33	8
37	19.09	656	Shane	Pexman		M	Sen	34	19
38	19.16	628	Gareth	Ellis		M	V40	35	9
39	19.23	710	Lee	Spink	Doncaster Athletic Club	M	V50	36	3
40	19.27	662	Amy	Rockall	Lincoln Wellington Athletic Club	F	V40	4	1
41	19.30	673	Niki	Whitaker	City of Hull Athletic Club	F	V40	5	2
42	19.32	630	Pete	Duncan	Lincoln Wellington Athletic Club	M	V60	37	1
43	19.37	627	Richard	Harrison	Selby Striders	M	V50	38	4
44	19.38	650	Oliver	Hughes		M	V40	39	10
45	19.41	734	Lukas	Kuranda	Lincoln & District Runners	M	Sen	40	20
46	19.43	625	Alistair	Bevan		M	Sen	41	21
47	19.43	654	Wayne	Greenfield	Gainsborough & Morton Striders	M	V40	42	11
48	19.44	679	Stefan	latter	Grantham Running Club	M	V40	43	12
49	19.53	680	Claire	Wheat	Lincoln Wellington Athletic Club	F	Sen	6	3
50	19.57	684	Simon	Bell	RAF AA	M	V50	44	5
51	19.59	658	James	Durham	City of Hull Athletic Club	M	V40	45	13
52	20.00	649	Dylan	Lee		M	U17	46	3
53	20.01	722	Ewan	Merrell	Lincoln Wellington Athletic Club	M	U17	47	4
54	20.02	714	Sam	Piggott		M	Sen	48	22
55	20.08	677	Claire	Wallace		F	Sen	7	4
56	20.11	675	Brian	Mitchell	Lincoln Wellington Athletic Club	M	V50	49	6
57	20.16	639	Peter	Bonner	Grantham Running Club	M	V40	50	14
58	20.20	726	Martyn	Gammidge		M	V50	51	7
59	20.22	623	Neil	McBride		M	V50	52	8
60	20.24	717	Lee	Gorman		M	Sen	53	23
61	20.28	653	Oliver	Thomas		M	U23	54	2
62	20.41	655	Gerry	Hyde	Grantham Running Club	M	V50	55	9
63	20.47	699	Alice	Gamble		F	U23	8	1
64	20.49	719	Daniel	Pearce	Grantham Running Club	M	Sen	56	24
65	20.55	644	Ian	Bielby		M	V60	57	2
66	21.08	701	Reece	Long	Gainsborough & Morton Striders	M	V50	58	10
67	21.12	676	Robert	Howbrook	Grantham Running Club	M	V60	59	3
68	21.15	664	Chris	Groome	Lincoln Wellington Athletic Club	M	Sen	60	25
69	21.16	643	Fiona	Usher	Lincoln & District Runners	F	V50	9	1
70	21.26	634	Helen	Pavey	Lincoln Wellington Athletic Club	F	V50	10	2
71	21.29	723	Rebecca	Hodgson		F	Sen	11	5
72	22.03	652	Geraldine	Hay		F	Sen	12	6
73	22.04	733	Marcus	Lancastle	Lincoln & District Runners	M	V50	61	11
74	22.08	659	Mick	Casey	Wolds Veteran RC	M	V60	62	4
75	22.11	700	Mike	Tod	Lincoln Wellington Athletic Club	M	V50	63	12
76	22.14	667	Andy	Jackson-Parr		M	V40	64	15
77	22.16	712	Ella	Headland	Lincoln Wellington Athletic Club	F	U17	13	1
78	22.19	660	Sarah	Edmond	Lincoln Wellington Athletic Club	F	V50	14	3
79	22.23	725	Joanne	Diffey	Lincoln Wellington Athletic Club	F	V50	15	4
80	22.26	690	Christopher	Inman	Gainsborough & Morton Striders	M	V60	65	5
81	22.33	702	David	Rollings	Lincoln & District Runners	M	V50	66	13

82	22.36	687	Geoff	Hall		M	V60	67	6
83	22.37	691	Joshua	Bolam		M	U20	68	3
84	22.38	646	James	Croft	Gainsborough & Morton Striders	M	Sen	69	26
85	22.39	674	Robert	McArdle	Grantham Running Club	M	V60	70	7
86	23.16	651	Georgia	Thomas		F	Sen	16	7
87	23.19	686	Matthew	Roach		M	U17	71	5
88	23.37	642	Gavin	Firth		M	Sen	72	27
89	23.38	638	Bethany	Maplethorpe		F	Sen	17	8
90	23.42	632	Clare	Hunter	Lincoln & District Runners	F	Sen	18	9
91	23.43	633	David	Hunter	Lincoln & District Runners	M	V40	73	16
92	23.48	713	Arthur	Short	Grantham Athletic Club	M	V50	74	14
93	23.57	688	Donna	Walters	Lincoln Wellington Athletic Club	F	V50	19	5
94	24.25	696	Kimberley	Etherington-Bates	Newark Athletic Club	F	Sen	20	10
95	24.27	637	Scott	Nicholls	Lincoln Wellington Athletic Club	M	V50	75	15
96	24.44	724	Yestin	Holmes	Lincoln Wellington Athletic Club	M	U20	76	4
97	24.45	665	Kristie	Holroyd		F	V40	21	3
98	25.10	681	Hannah	Mather	Lincoln Wellington Athletic Club	F	U17	22	2
99	25.18	663	Glenn	Moore	Lincoln Wellington Athletic Club	M	V60	77	8
100	25.28	708	Sarah	High	Grantham Running Club	F	V60	23	1
101	26.07	730	Adam	Boulby	Lincs Run Club	M	Sen	78	28
102	26.08	706	Gemma	Shackleton		F	Sen	24	11
103	26.19	685	Lily	Samkin	Lincoln Wellington Athletic Club	F	U17	25	3
104	26.25	704	Sarah	Rastall		F	V40	26	4
105	26.42	720	Robert	Dray		M	V50	79	16
106	27.05	645	Jim	Aram	Lincoln Wellington Athletic Club	M	V40	80	17
107	27.06	693	Flora	Jolly	Lincoln Wellington Athletic Club	F	U17	27	4
108	28.17	731	Emily	Madeley		F	Sen	28	12
109	30.05	721	Julie	Cartwright		F	V40	29	5
110	32.48	692	Samantha	Woffindin	Gainsborough & Morton Striders	F	V40	30	6
111	38.13	732	Debs	Kingston	Lincoln Wellington Athletic Club	F	V40	31	7
112	38.13	729	Samantha	Northway		F	V50	32	6