

LWAC 5k Series - 5k Race 3 First 3 Overall and Veteran Categories 26.07.22

Female overall					
Position	Time	Number	Firstname	Lastname	Running Club
21	17.42	450	Charlie	Hanson	Lincoln Wellington Athletic Club
32	18.42	447	Claire	Cooney	Lincoln Wellington Athletic Club
38	19.04	464	Amy	Rockall	Lincoln Wellington Athletic Club

Female V40					
Position	Time	Number	Firstname	Lastname	Running Club
32	18.42	447	Claire	Cooney	Lincoln Wellington Athletic Club
38	19.04	464	Amy	Rockall	Lincoln Wellington Athletic Club
82	23.47	510	Lydia	Patsalides	Lincoln Wellington Athletic Club

Female V50					
Position	Time	Number	Firstname	Lastname	Running Club
53	20.26	509	Angela	Thompson	Skegness & District Running Club
66	21.48	449	Helen	Pavey	Lincoln Wellington Athletic Club
70	22.22	496	Sarah	Edmond	Lincoln Wellington Athletic Club

Female V60					
Position	Time	Number	Firstname	Lastname	Running Club
93	26.02	493	Sarah	High	Grantham Running Club

Male overall					
Position	Time	Number	Firstname	Lastname	Running Club
1	15.46	482	Ryan	Page	Lincoln Wellington Athletic Club
2	15.54	513	Adam	Dalton	Cleethorpes Athletic Club
3	15.55	440	Thomas	Carpenter	Lincoln Wellington Athletic Club

Male V40					
Position	Time	Number	Firstname	Lastname	Running Club
4	15.58	437	Ryan	Porter	Lincoln Wellington Athletic Club
13	17.07	406	Wayne	Lathwell	Lincoln Wellington Athletic Club
15	17.21	515	Christopher	Taylor	Lincoln Wellington Athletic Club

Male V50					
Position	Time	Number	Firstname	Lastname	Running Club
12	17.04	460	Sean	Barkes	Lincoln Wellington Athletic Club
16	17.25	467	Greg	Southern	Sleaford Striders Athletic Club
23	17.48	488	Samuel	Spencer	Lincoln & District Runners

Male V60					
Position	Time	Number	Firstname	Lastname	Running Club
41	19.17	448	Peter	Duncan	Lincoln Wellington Athletic Club
60	21.04	453	Ian	Bielby	
67	21.53	461	Kevin	Dunne	Gainsborough & Morton Striders