

LWAC 5k Series - 5k Race 1 Results 31.05.22

Position	Time	Number	Firstname	Lastname	Running Club	Gender	Age Category	Gender Position	Category Position
1	14.50	92	Ronny	Wilson	Lincoln Wellington AC	M	Sen	1	1
2	14.56	91	Shane	Robinson	Lincoln Wellington AC	M	Sen	2	2
3	15.03	82	William	Strangeway	Lincoln Wellington AC	M	Sen	3	3
4	15.46	24	Tom	Carpenter	Lincoln Wellington AC	M	U17	4	1
5	15.51	74	Jan	Bailey	Newark AC	M	V40	5	1
6	16.03	46	Oliver	Donkin	Barton and District AC	M	U20	6	1
7	16.08	73	Alan	Oliver	Sleaford Striders AC	M	Sen	7	4
8	16.08	34	Jamie	Swindale	Lincoln Wellington AC	M	U20	8	2
9	16.09	17	Ryan	Porter	Lincoln Wellington AC	M	V40	9	2
10	16.13	39	Henry	Samkin	Lincoln Wellington AC	M	U17	10	2
11	16.21	103	William	Goodacre	Lincoln Wellington AC	M	Sen	11	5
12	16.42	10	Marc	Thorpe	LWAC	M	V40	12	3
13	16.48	69	Martin	Troop	Lincoln Wellington AC	M	Sen	13	6
14	16.49	64	Sam	Jepson-Rivers	Grantham Running Club	M	Sen	14	7
15	16.57	22	Harry	Taylor	Beeston AC	M	Sen	15	8
16	17.02	19	David	Hunter	Lincoln & District Runners	M	V40	16	4
17	17.03	44	Christopher	Taylor	Lincoln Wellington AC	M	V40	17	5
18	17.08	88	Joaquim	Jeronimo	Grantham Running Club	M	V40	18	6
19	17.14	62	Sean	Barkes	Lincoln Wellington AC	M	V50	19	1
20	17.15	99	Lindsay	Skinner	Off That Couch Fitness	F	Sen	1	1
21	17.18	87	Tom	Marshall	Newark AC	M	Sen	20	9
22	17.20	109	Kaoru	Shimada	Lincoln Wellington AC	M	V40	21	7
23	17.21	60	James	Croft	Gainsborough & Morton Striders	M	Sen	22	10
24	17.22	86	Sophie	Wallis	Lincoln Wellington AC	F	Sen	2	2
25	17.36	70	Nicola	Devine	Rotherham Harriers	F	Sen	3	3
26	17.43	30	Charlie	Hanson	Lincoln Wellington AC	F	Sen	4	4
27	17.46	106	John	Mosley	Lincoln Wellington AC	M	V40	23	8
28	17.50	133	Daniel	Backhouse		M	U17	24	3
29	17.50	102	Raymond	Clayton	Lincoln Wellington AC	M	V40	25	9
30	17.51	117	Jason	Robinson	Lincoln & District Runners	M	Sen	26	11
31	17.52	123	Tom	Hansen	Lincoln & District Runners	M	Sen	27	12
32	17.53	81	Chris	Sutton	Lincoln & District Runners	M	Sen	28	13
33	17.53	51	Luke	Wollington	Lincoln Wellington AC	M	Sen	29	14
34	17.54	100	Thomas	Marshall	Lincoln Wellington AC	M	Sen	30	15
35	18	94	Brian	Hawkins	Rotherham Harriers	M	V40	31	10
36	18.03	13	Patrick	Liddell	Lincoln Wellington AC	M	V40	32	11
37	18.19	43	Martin	Waite	Witham Runners (Lincolnshire)	M	V50	33	2
38	18.24	101	Leigh	Macdonald	Lincoln Wellington AC	M	Sen	34	16
39	18.32	124	John	clifton		M	V40	35	12
40	18.4	16	Stuart	Eccles	Lincoln Wellington AC	M	Sen	36	17
41	19.03	29	Claire	Cooney	Lincoln Wellington AC	F	V40	5	1
42	19.06	21	Dylan	Lee		M	U17	37	4
43	19.08	72	Carl	Currie	Gainsborough & Morton Striders	M	V40	38	13
44	19.10	53	Sam	Dodwell	Grantham Running Club	M	Sen	39	18
45	19.11	67	Justin	Revill		M	V40	40	14
46	19.13	68	Oliver	Hughes		M	V40	41	15
47	19.15	85	Amy	Rockall	Lincoln Wellington AC	F	V40	6	2
48	19.32	48	Peter	Bonner	Grantham Running Club	M	V40	42	16
49	19.34	76	Adrian	Atter	Lincoln Wellington AC	M	V40	43	17
50	19.35	42	Neil	McBride		M	V50	44	3
51	19.38	113	Claire	Wheat	Lincoln Wellington AC	F	Sen	7	5
52	19.42	36	Phil	Hills	Scunthorpe & District Running Club	M	V40	45	18
53	19.43	80	Andrew	Pask	Grantham Running Club	M	V40	46	19
54	19.45	79	Stewart	Pick	Grantham Running Club	M	V50	47	4
55	19.50	110	Marcus	Lancastle	Lincoln & District Runners	M	V50	48	5
56	19.57	49	Richard	Harrison	Selby Striders	M	V50	49	6
57	19.59	66	Des	Gibbons	Redhill Road Runners	M	V60	50	1
58	19.59	119	Toby	Williams	Lincoln Wellington AC	M	U20	51	3
59	20.00	130	Daniel	Pearce	Grantham Running Club	M	Sen	52	19
60	20.02	140	Charlie	Blair	Lincoln Wellington AC	F	U17	8	1
61	20.04	57	Stefan	Jatter	Grantham Running Club	M	V40	53	20
62	20.09	105	Martyn	Gammidge		M	V50	54	7
63	20.11	95	Brian	Mitchell	Lincoln Wellington AC	M	V50	55	8
64	20.12	37	Abigail	Pearson	Scunthorpe & District Running Club	F	V40	9	3
65	20.17	31	Wayne	Greenford	Gainsborough & Morton Striders	M	V40	56	21
66	20.26	58	Robert	Hobbrook		M	V60	57	2
67	20.34	55	Holly	Durham	Grantham Running Club	F	V40	10	4
68	20.38	125	Ewan	Merrell	Lincoln Wellington AC	M	U17	58	5
69	20.40	28	Jack	Bowles	Lincoln Wellington AC	M	U17	59	6
70	20.44	139	Ryan	Alexander	Lincoln Wellington AC	M	Sen	60	20
71	20.50	41	Ian	Bielby		M	V60	61	3
72	20.55	118	Alan	Carley	Grantham Running Club	M	V50	62	9
73	20.55	131	Helen	Pavey	Lincoln Wellington AC	F	V50	11	1
74	20.57	33	Judith	Broadbent	Lincoln Wellington AC	F	V40	12	5
75	20.59	54	Penny	Hodges	Grantham Running Club	F	V40	13	6
76	21.05	12	John	Broom		M	V50	63	10
77	21.11	108	Dave	Wainwright	Caistor Running Club	M	V50	64	11
78	21.15	112	Cody	Cocking	Lincoln Wellington AC	M	U17	65	7
79	21.21	26	Gareth	Ellis		M	V40	66	22
80	21.25	84	Kirk	Wilkinson		M	V60	67	4
81	21.32	129	Simon	Machin	Lincoln Wellington AC	M	V50	68	12
82	21.39	11	Dawn	Broom	Penistone Footpath Runners & AC	F	V50	14	2
83	21.46	116	Andy	Jackson-Parr		M	V40	69	23
84	22.00	89	Mike	Wells	Caistor Running Club	M	V40	70	24
85	22.01	90	Mark	Kidd	Caistor Running Club	M	V50	71	13
86	22.01	97	Kevin	Dunne	Gainsborough & Morton Striders	M	V60	72	5
87	22.07	93	Geoff	Hall		M	V60	73	6
88	22.18	32	Ashley	Wilson		M	Sen	74	21
89	22.21	50	Fiona	Usher	Lincoln & District Runners	F	V50	15	3
90	22.27	121	Jackie	Massey	Mansfield Harriers	F	V50	16	4
91	22.29	107	Joanne	Diffey	Lincoln Wellington AC	F	V50	17	5
92	22.30	38	Glenn	Moore	Lincoln Wellington AC	M	V60	75	7
93	22.31	115	Rebecca	Hodgson		F	Sen	18	6
94	22.46	15	Bethany	Maplethorpe		F	Sen	19	7
95	22.47	14	Kevin	Maplethorpe	Lincoln Wellington AC	M	Sen	76	22
96	22.47	63	Chris	Groome	Lincoln Wellington AC	M	Sen	77	23
97	22.55	120	Christopher	Inman	Gainsborough & Morton Striders	M	V60	78	8

98	23.02	59	Robert	McArdle	Grantham Running Club	M	V60	79	9
99	23.17	78	Michelle	Parczuk	Grantham Running Club	F	V50	20	6
100	23.27	47	Jeanette	Stevens	Notfast RC	F	V50	21	7
101	23.28	114	Ella	Headland	Lincoln Wellington AC	F	U17	22	2
102	23.32	98	Lydia	Patsalides	Lincoln Wellington AC	F	V40	23	7
103	24.02	35	Kimberley	Etherington-Bates	Newark AC	F	Sen	24	8
104	24.04	135	Melvin	Ward	Lincoln Wellington AC	M	V60	80	10
105	24.08	65	Paul	Jepson	Grantham Running Club	M	V60	81	11
106	24.09	52	Gavin	Firth		M	Sen	82	24
107	24.16	56	Mercedes	Rafferty	Lincoln Wellington AC	F	U17	25	3
108	24.18	96	Donna	Walters	Lincoln Wellington AC	F	V50	26	8
109	24.20	132	Joshua	Bolam		M	U20	83	4
110	24.43	18	Clare	Hunter	Lincoln & District Runners	F	Sen	27	9
111	25.00	27	Jim	Aram	Lincoln Wellington AC	M	V40	84	25
112	25.08	111	Kristie	Holroyd		F	V40	28	8
113	25.18	104	Samantha	Ritson	Scunthorpe & District Running Club	F	V50	29	9
114	25.21	40	Lily	Samkin	Lincoln Wellington AC	F	U17	30	4
115	25.22	61	Flora	Jolly	Lincoln Wellington AC	F	U17	31	5
116	25.22	137	Robert	Dray		M	V50	85	14
117	25.25	77	Sarah	High	Grantham Running Club	F	V60	32	1
118	25.32	45	Scott	Nicholls	Lincoln Wellington AC	M	V50	86	15
119	26.29	20	Steven	Nolan		M	V40	87	26
120	26.37	83	Sarah	Rastall		F	V40	33	9
121	28.19	138	Patrick	Porter		M	V50	88	16
122	28.38	127	Elizabeth	Allan		F	V50	34	10
123	29.05	136	Julie	Cartwright		F	V40	35	10
124	33.09	128	Samantha	Northway		F	V50	36	11

LWAC 5k Series - 5k Race 1 First 3 Overall and Veteran Categories 31.05.22

Female overall					
Position	Time	Number	Firstname	Lastname	Running Club
20	17.15	99	Lindsay	Skinner	Off That Couch Fitness
24	17.22	86	Sophie	Wallis	Lincoln Wellington AC
25	17.36	70	Nicola	Devine	Rotherham Harriers

Female V40					
Position	Time	Number	Firstname	Lastname	Running Club
41	19.03	29	Claire	Cooney	Lincoln Wellington AC
47	19.15	85	Amy	Rockall	Lincoln Wellington AC
64	20.12	37	Abigail	Pearson	Scunthorpe & District Running Club

Female V50					
Position	Time	Number	Firstname	Lastname	Running Club
73	20.55	131	Helen	Pavey	Lincoln Wellington AC
82	21.39	11	Dawn	Broom	Penistone Footpath Runners & AC
89	22.21	50	Fiona	Usher	Lincoln & District Runners

Female V60					
Position	Time	Number	Firstname	Lastname	Running Club
117	25.25	77	Sarah	High	Grantham Running Club

Male overall					
Position	Time	Number	Firstname	Lastname	Running Club
1	14.50	92	Ronny	Wilson	Lincoln Wellington AC
2	14.56	91	Shane	Robinson	Lincoln Wellington AC
3	15.03	82	William	Strangeway	Lincoln Wellington AC

Male V40					
Position	Time	Number	Firstname	Lastname	Running Club
5	15.51	74	Jan	Bailey	Newark AC
9	16.09	17	Ryan	Porter	Lincoln Wellington AC
12	16.42	10	Marc	Thorpe	LWAC

Male V50					
Position	Time	Number	Firstname	Lastname	Running Club
19	17.14	62	Sean	Barkes	Lincoln Wellington AC
37	18.19	43	Martin	Waite	Witham Runners (Lincolnshire)
50	19.35	42	Neil	McBride	

Male V60					
Position	Time	Number	Firstname	Lastname	Running Club
57	19.59	66	Des	Gibbons	Redhill Road Runners
66	20.26	58	Robert	Howbrook	
71	20.50	41	Ian	Bielby	