

LWAC 5k Series - 5k Race 2 Results 28.06.22

Position	Time	Number	Firstname	Lastname	Running Club
1	15.08	374	William	Strangeway	Lincoln Wellington AC
2	15.24	351	Matthew	Bowser	Lincoln Wellington Athletic Club
3	15.34	355	Ryan	Page	Lincoln Wellington Athletic Club
4	16.06	402	Adam	Dalton	Cleethorpes AC
5	16.09	331	Thomas	Carpenter	Lincoln Wellington Athletic Club
6	16.12	373	Alan	Oliver	Sleaford Striders AC
7	16.20	338	Ryan	Porter	Lincoln Wellington Athletic Club
8	16.28	337	Eddie	Vickers	Barton & District AC
9	16.42	366	Martin	Troop	Lincoln Wellington Athletic Club
10	16.45	406	Wayne	Lathwell	Lincoln Wellington Athletic Club
11	16.46	350	Sophie	Wallis	Lincoln Wellington Athletic Club
12	16.46	370	Iain	Bailey	Sleaford Striders AC
13	17.06	356	Sean	Barkes	Lincoln Wellington Athletic Club
14	17.14	330	Marc	Thorpe	LWAC
15	17.22	391	Nathan	Addlesee	Lincoln & District Runners
16	17.24	365	Greg	Southern	Sleaford Striders AC
17	17.25	418	John	Mosley	Lincoln Wellington Athletic Club
18	17.27	405	Christopher	Taylor	Lincoln Wellington Athletic Club
19	17.42	409	Steven	John	
20	17.42	393	Nathan	Lilley	
21	17.44	353	James	Croft	Gainsborough & Morton Striders
22	17.45	343	Stuart	Eccles	Lincoln Wellington Athletic Club
23	17.51	417	Daniel	Backhouse	
24	17.54	335	Paul	Freeman	
25	17.56	387	Leigh	Macdonald	Lincoln Wellington Athletic Club
26	17.58	401	Natalie	Burns	Lincoln Wellington Athletic Club
27	17.59	352	Sam	Spencer	Lincoln & District Runners
28	18.01	334	Patrick	Liddell	Lincoln Wellington Athletic Club
29	18.05	423	William	Allis	Lincoln Wellington Athletic Club
30	18.33	434	Oliver	Cridland	Lincoln Wellington Athletic Club
31	18.34	390	Jason	Robinson	Lincoln & District Runners
32	18.35	428	Rebecca	Hodgson	
33	18.46	433	Thomas	Marshall	Lincoln Wellington Athletic Club
34	18.46	414	Dylan	Lee	
35	18.55	380	Jack	Moore	
36	19.01	344	Peter	Duncan	Lincoln Wellington Athletic Club
37	19.02	339	Kirk	Conroy	
38	19.02	333	Claire	Cooney	Lincoln Wellington Athletic Club
39	19.02	389	Adrian	Atter	Lincoln Wellington Athletic Club
40	19.17	396	Dave	Dews	Newark AC
41	19.21	394	Simon	Wright	
42	19.25	367	Amy	Rockall	Lincoln Wellington Athletic Club
43	19.29	410	Jake	Butler	
44	19.38	420	Lukas	Kuranda	Lincoln & District Runners
45	19.42	378	Oliver	Hughes	
46	19.44	332	Kevin	Maplethorpe	Lincoln Wellington Athletic Club
47	19.45	430	Ewan	Merrell	Lincoln Wellington AC
48	19.46	408	Aiden	Vaughan	
49	19.59	416	Daniel	Pearce	Grantham Running Club
50	20.01	357	Peter	Bonner	Grantham Running Club
51	20.04	361	Gav	Meadows	Grantham Running Club

52	20.07	383	Brian	Mitchell	Lincoln Wellington Athletic Club
53	20.09	360	Stefan	latter	Grantham Running Club
54	20.24	426	Charlie	Blair	Lincoln Wellington Athletic Club
55	20.25	400	Martyn	Gammidge	
56	20.32	347	Wayne	Greenfield	Gainsborough & Morton Striders
57	20.44	363	Robert	Howbrook	Grantham Running Club
58	20.51	388	Ian	Bielby	
59	20.56	435	Ryan	Alexander	Lincoln Wellington Athletic Club
60	20.59	336	Gareth	Ellis	
61	21.14	354	Steven	Neil	Lincoln Wellington Athletic Club
62	21.20	372	John	Mather	
63	21.27	349	Emer	Magee	
64	21.32	364	Catherine	Payne	Grantham Running Club
65	21.45	386	Andy	Jackson-Parr	
66	21.54	345	Philip	Horton	
67	21.55	436	Simon	Machin	Lincoln Wellington Athletic Club
68	22.01	407	Jack	Bowles	Lincoln Wellington AC
69	22.04	358	Chris	Groome	Lincoln Wellington Athletic Club
70	22.11	395	Luke	Shillings	
71	22.14	403	Christopher	Inman	Gainsborough & Morton Striders
72	22.18	399	Geoff	Hall	
73	22.32	348	Chris	Dunn	
74	22.35	427	John	Clifton	
75	22.37	346	Joanne	Diffey	Lincoln Wellington AC
76	22.37	413	Sarah	Edmond	Lincoln Wellington Athletic Club
77	22.48	362	Robert	McArdle	Grantham Running Club
78	23.02	384	Matthew	Roach	
79	23.07	424	Ella	Headland	Lincoln Wellington Athletic Club
80	23.12	398	Yestin	Holmes	Lincoln Wellington Athletic Club
81	23.21	342	Cam	Donald	
82	23.31	47	Jeanette	Stevens	Notfast RC
83	23.44	359	Gavin	Firth	
84	23.50	411	Lydia	Patsalides	Lincoln Wellington Athletic Club
85	23.51	412	Joshua	Bolam	
86	23.52	419	Melvin	Ward	Lincoln Wellington AC
87	24.00	392	Paul	Jepson	Grantham Running Club
88	24.43	385	Donna	Walters	Lincoln Wellington Athletic Club
89	24.46	415	Jerzy	Nowosielski	
90	24.50	340	Clare	Hunter	Lincoln & District Runners
91	24.51	368	Scott	Nicholls	Lincoln Wellington Athletic Club
92	25.00	377	Kristie	Holroyd	
93	25.04	381	Sarah	High	Grantham Running Club
94	25.14	371	Jim	Aram	Lincoln Wellington AC
95	25.16	375	Hannah	Mather	Lincoln Wellington Athletic Club
96	25.26	421	Robert	Dray	
97	25.32	382	Samantha	Ritson	Scunthorpe & District Running Club
98	25.34	369	Nick	Sloan	
99	25.52	376	Lily	Samkin	Lincoln Wellington AC
100	25.54	397	Flora	Jolly	Lincoln Wellington AC
101	27.28	341	Dave	Smith	Lincoln Wellington Athletic Club
102	29.14	422	Julie	Cartwright	
103	29.52	404	Samantha	Woffindin	Gainsborough & Morton Striders
104	33.53	429	Samantha	Northway	
105	34.18	432	Emma	Green	Skell on Heels

Gender	Age Category	Gender Position	Category Position
M	Sen	1	1
M	Sen	2	2
M	Sen	3	3
M	Sen	4	4
M	U17	5	1
M	Sen	6	5
M	V40	7	1
M	U17	8	2
M	Sen	9	6
M	V40	10	2
F	Sen	1	1
M	V40	11	3
M	V50	12	1
M	V40	13	4
M	Sen	14	7
M	V50	15	2
M	V40	16	5
M	V40	17	6
M	V40	18	7
M	Sen	19	8
M	Sen	20	9
M	Sen	21	10
M	U17	22	3
M	Sen	23	11
M	Sen	24	12
F	Sen	2	2
M	V50	25	3
M	V40	26	8
M	Sen	27	13
M	U20	28	1
M	Sen	29	14
F	Sen	3	3
M	Sen	30	15
M	U17	31	4
M	U23	32	1
M	V60	33	1
M	V40	34	9
F	V40	4	1
M	V40	35	10
M	Sen	36	16
M	V50	37	4
F	V40	5	2
M	Sen	38	17
M	Sen	39	18
M	V40	40	11
M	Sen	41	19
M	U17	42	5
M	Sen	43	20
M	Sen	44	21
M	V40	45	12
M	V40	46	13

M	V50	47	5
M	V40	48	14
F	U17	6	1
M	V50	49	6
M	V40	50	15
M	V60	51	2
M	V60	52	3
M	Sen	53	22
M	V40	54	16
M	V50	55	7
M	V50	56	8
F	Sen	7	4
F	V50	8	1
M	V40	57	17
M	V60	58	4
M	V50	59	9
M	U17	60	6
M	Sen	61	23
M	V40	62	18
M	V60	63	5
M	V60	64	6
M	V60	65	7
M	V40	66	19
F	V50	9	2
F	V50	10	3
M	V60	67	8
M	U17	68	7
F	U17	11	2
M	U20	69	2
M	Sen	70	24
F	V50	12	4
M	Sen	71	25
F	V40	13	3
M	U20	72	3
M	V60	73	9
M	V60	74	10
F	V50	14	5
M	V50	75	10
F	Sen	15	5
M	V50	76	11
F	V40	16	4
F	V60	17	1
M	V40	77	20
F	U17	18	3
M	V50	78	12
F	V50	19	6
M	V40	79	21
F	U17	20	4
F	U17	21	5
M	V60	80	11
F	V40	22	5
F	V40	23	6
F	V50	24	7
F	Sen	25	6

LWAC 5k Series - 5k Race 2 First 3 Overall and Veteran Categories 28.06.22

Female Overall

Position	Time	Number	Firstname	Lastname	Running Club
11	16.46	350	Sophie	Wallis	Lincoln Wellington Athletic Club
26	17.58	401	Natalie	Burns	Lincoln Wellington Athletic Club
32	18.35	428	Rebecca	Hodgson	

Female V40

Position	Time	Number	Firstname	Lastname	Running Club
38	19.02	333	Claire	Cooney	Lincoln Wellington Athletic Club
42	19.25	367	Amy	Rockall	Lincoln Wellington Athletic Club
84	23.50	411	Lydia	Patsalides	Lincoln Wellington Athletic Club

Female V50

Position	Time	Number	Firstname	Lastname	Running Club
64	21.32	364	Catherine	Payne	Grantham Running Club
75	22.37	346	Joanne	Diffey	Lincoln Wellington AC
76	22.37	413	Sarah	Edmond	Lincoln Wellington Athletic Club

Female V60

Position	Time	Number	Firstname	Lastname	Running Club
93	25.04	381	Sarah	High	Grantham Running Club

Male Overall

Position	Time	Number	Firstname	Lastname	Running Club
1	15.08	374	William	Strangeway	Lincoln Wellington AC
2	15.24	351	Matthew	Bowser	Lincoln Wellington Athletic Club
3	15.34	355	Ryan	Page	Lincoln Wellington Athletic Club

Male V40

Position	Time	Number	Firstname	Lastname	Running Club
7	16.20	338	Ryan	Porter	Lincoln Wellington Athletic Club
10	16.45	406	Wayne	Lathwell	Lincoln Wellington Athletic Club
12	16.46	370	Iain	Bailey	Sleaford Striders AC

Male V50

Position	Time	Number	Firstname	Lastname	Running Club
13	17.06	356	Sean	Barkes	Lincoln Wellington Athletic Club
16	17.24	365	Greg	Southern	Sleaford Striders AC
27	17.59	352	Sam	Spencer	Lincoln & District Runners

Male V60

Position	Time	Number	Firstname	Lastname	Running Club
36	19.01	344	Peter	Duncan	Lincoln Wellington Athletic Club
57	20.44	363	Robert	Howbrook	Grantham Running Club
58	20.51	388	Ian	Bielby	

LWAC 5k Series - Memory Mile Race 2 Results 28.06.22

Position	Time	Number	Firstname	Lastname	Running Club
1	4.45	302	Cameron	West	Lincoln Wellington AC
2	5.07	299	Joseph	Monk	Newark AC
3	5.14	297	Oliver	Cooney	Lincoln Wellington AC
4	5.39	311	Peter	Bonner	Grantham Running Club
5	5.53	301	Freya	West	Lincoln Wellington AC
6	6.04	313	Robert	Howbrook	Grantham Running Club
7	6.07	304	Ethan	Eccles	Lincoln Wellington AC
8	6.08	308	Philip	Horton	
9	6.14	310	Judith	Broadbent	Lincoln Wellington AC
10	6.18	305	Holly	Urquhart	Lincoln Wellington AC
11	6.33	298	Annabel	Norris	Lincoln Wellington AC
12	6.38	312	Robert	McArdle	Grantham Running Club
13	6.40	307	Adrian	Parkes	Badgers
14	6.42	309	Chris	Dunn	
15	7.00	306	Ryan	Clawson	Lincoln Wellington AC
16	7.10	296	Phoebe	Thorpe	Lincoln Wellington AC
17	7.52	300	Samantha	Grant	Lincoln & District Runners

Gender	Age Category	Gender Position	Category Position
M	U17	1	1
M	U17	2	2
M	U15	3	1
M	V40	4	1
F	U13	1	1
M	V60	5	1
M	U13	6	1
M	V60	7	2
F	V40	2	1
F	U15	3	1
F	U13	4	2
M	V60	8	3
M	V60	9	4
M	V60	10	5
M	U13	11	2
F	U13	5	3
F	V40	6	2