



# **Lincoln Wellington AC**

## **Code of Conduct for Junior Members**



Lincoln Wellington Athletic Club (LWAC) is fully committed to safeguarding and promoting the well being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share their concerns or complaints that you may have about any aspect of the club with Alison Dale, Child Welfare Officer, [alison.dale@ntlworld.com](mailto:alison.dale@ntlworld.com).

As a member of LWAC, you are expected to abide by the following junior code of conduct:

All members must be polite and respect all coaches, officials, adults, and club members.

We all have the right to be treated equally. Respect the rights, dignity and worth of everyone who uses the club regardless of their religion, ability, or cultural background.

Members should keep to agreed times, for training and competition. Training times are Tuesday and Thursday, 6.30 pm – 7.30 pm. In the summer, we may finish later to make the most of the nights. If, for any reason, a session ends earlier than planned, the coach will remain with your child until they are collected.

Please ensure that a parent or carer collects all young athletes from the track. Remember we are responsible for your child until they are collected.



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All members should wear appropriate clothing:

Shorts/leggings and t- shirts, with jogging bottoms and sweat shirt to go over the top. Waterproof jackets or coats should be worn during wet or potentially wet weather.

For competitions, all LWAC athletes are required to wear Club vests and black shorts.

All athletes must pay their subs within 4 weeks of joining the club, and annually, in November, thereafter. Competition fees should be paid to your coach before the event.

There is to be no chewing of gum during training or competition, due to the risk of choking. If caught chewing gum you will be asked to dispose of it into a bin immediately. Smoking and alcohol or drug use is prohibited, whilst at the club or representing the club.

These rules are for the safety of all young athletes, we hope you enjoy your time with us and if at any time you have any questions, please do not hesitate to ask a coach or Alison Dale, Child Welfare Officer.

