

LWAC 5k Series - 5k Race 1 Results 28.05.24

Position	Time	Number	Firstname	Lastname	Running Club	Gender	Age Category	Gender position	Category Position
1	15:15	1546	Zak	Houghton	City Of Norwich AC	M	Sen	1	1
2	15:20	1613	William	Strangeway	Lincoln Wellington Athletic Club	M	Sen	2	2
3	15:28	1582	Abbie	Donnelly	Lincoln Wellington Athletic Club	F	Sen	1	1
4	15:38	1518	Thomas	Carpenter	Lincoln Wellington Athletic Club	M	U20	3	1
5	15:44	1585	Sophie	Wallis	Lincoln Wellington Athletic Club	F	Sen	2	2
6	15:56	1545	Lee	Mullen	Skegness & District Running Club	M	Sen	4	3
7	16:00	1548	Robert	Chenery	Ipswich Jaffa RC	M	Sen	5	4
8	16:25	1525	Tyler	Morris	Lincoln Wellington Athletic Club	M	U17	6	1
9	16:34	1543	Matt	Harman	Lincoln Wellington Athletic Club	M	Sen	7	5
10	16:41	1609	Martin	Troop	Lincoln Wellington Athletic Club	M	Sen	8	6
11	16:56	1602	Andrew	Taplin	Beeston AC	M	V50	9	1
12	16:59	1569	William	Tucker	Newark Athletic Club	M	Sen	10	7
13	17:03	1596	Jamie	Swindale	Lincoln Wellington Athletic Club	M	U20	11	2
14	17:03	1493	Geoffrey	Gregory	Vegan Runners UK	M	V40	12	1
15	17:04	1534	Callum	Parkin	Lincoln Wellington Athletic Club	M	Sen	13	8
16	17:06	1550	Alfie	Bone	Great Yarmouth & District AC	M	U17	14	2
17	17:08	1580	Steven	Dowse	Skegness & District Running Club	M	Sen	15	9
18	17:08	1612	Patricia	Jackman	Lincoln and District Runners	F	Sen	3	3
19	17:10	1565	Jack	Hancock	Cleethorpes AC	M	Sen	16	10
20	17:11	1581	Gavin	Potter	Grantham Running Club	M	Sen	17	11
21	17:15	1566	Jude	Hancock	Cleethorpes AC	M	U20	18	3
22	17:26	1611	James	Sharples		M	Sen	19	12
23	17:39	1597	Chris	Sutton	Lincoln & District Runners	M	Sen	20	13
24	17:43	1614	Natalie	Burns	Lincoln Wellington Athletic Club	F	V40	4	1
25	17:45	1532	David	Greenwood	Holme Pierrepont RC	M	V40	21	2
26	17:46	1604	Wayne	Lathwell	Lincoln Wellington Athletic Club	M	V40	22	3
27	17:48	1520	Charlie	Thornton	Lincoln Wellington Athletic Club	F	Sen	5	4
28	17:51	1517	Samuel	Spencer	Lincoln and District Runners	M	V50	23	2
29	17:52	1570	Chris	Palmer	Westbury Harriers	M	V40	24	4
30	17:52	1541	Lewis	Hopkinson	Newark Athletic Club	M	V50	25	3

31	17:58	1648	Emerson	Barbosa	Nettleham Harriers	M	U17	26	3
32	18:00	1538	Patrick	Liddell	Lincoln Wellington Athletic Club	M	V40	27	5
33	18:04	1603	Greg	Southern	Sleaford Striders AC	M	V50	28	4
34	18:14	1638	Jack	Chapman	Lincoln & District Runners	M	Sen	29	14
35	18:16	1526	Adam	Morris	Lincoln Tri	M	V40	30	6
36	18:19	1503	Kevin	Parker-Garrick	Sleaford Town Runners	M	Sen	31	15
37	18:19	1579	Daniel	Herd	Lincoln Wellington Athletic Club	M	U17	32	4
38	18:20	1544	Josh	Lane	Lincoln Wellington Athletic Club	M	Sen	33	16
39	18:21	1634	Will	Wright		M	Sen	34	17
40	18:27	1636	Lee	Smith	Lincoln Wellington Athletic Club	M	V40	35	7
41	18:34	1564	Henry	Samkin	Lincoln Wellington Athletic Club	M	U20	36	4
42	18:42	1647	Phil	Bamford-Birkitt	Gainsborough & Morton Striders	M	V40	37	8
43	18:44	1540	Adam	Gossiel	Lincoln Wellington Athletic Club	M	U17	38	5
44	18:47	1527	Charlie	Fish	Lincoln Wellington Athletic Club	M	U17	39	6
45	18:49	1643	John	Clifton		M	V40	40	9
46	18:53	1600	Colin	Smith McGloin	Beeston AC	M	V50	41	5
47	18:54	1617	Christopher	Taylor	Cleethorpes AC	M	V40	42	10
48	19:01	1606	Peter	Parkinson	Lincoln Wellington Athletic Club	M	Sen	43	18
49	19:05	1533	Peter	Duncan	Lincoln Wellington Athletic Club	M	V60	44	1
50	19:06	1558	Rob	Pearson		M	Sen	45	19
51	19:16	1644	Richard	Robinson	Scunthorpe & District Running Club	M	V50	46	6
52	19:20	1530	Neil	McBride	Lincoln Wellington Athletic Club	M	V50	47	7
53	19:33	1555	Mark	Hammond		M	V50	48	8
54	19:37	1621	Steve	Roberts	Boston Triathlon Club	M	V50	49	9
55	19:37	1498	Oliver	Hughes		M	V40	50	11
56	19:38	1531	Gareth	Ellis	Lincoln Wellington Athletic Club	M	V40	51	12
57	19:41	1535	Liam	Whittaker	Grantham Athletic Club	M	U17	52	7
58	19:41	1529	Joaquim	Jericho	Grantham Running Club	M	V40	53	13
59	19:44	1562	Mike	Wells	Caistor Running Club	M	V40	54	14
60	19:48	1547	Reuben	Houghton		M	U20	55	5
61	19:50	1561	Amy	Rockall	Lincoln Wellington Athletic Club	F	V40	6	2
62	19:58	1557	Clive	Wintrip	Lincoln Wellington Athletic Club	M	V60	56	2
63	20:00	1584	John	Anderson		M	V50	57	10

64	20:01	1627	Alfie	McGarragh		M	U17	58	8
65	20:03	1521	Peter	Dodds	Rasen Running Club	M	Sen	59	20
66	20:05	1625	Dave	Wainwright	Caistor Running Club	M	V50	60	11
67	20:10	1571	Ewen	Merrell	Lincoln Wellington Athletic Club	M	U20	61	6
68	20:13	1536	Jon	Brayshaw		M	V50	62	12
69	20:20	1642	William	Wilkinson	Lincoln Wellington Athletic Club	M	U17	63	9
70	20:32	1630	Emer	Magee	Lincoln Wellington Athletic Club	F	Sen	7	5
71	20:40	1641	Peter	Wass	Lincoln Wellington Athletic Club	M	V50	64	13
72	20:44	1519	Ian	Bielby	Lincoln and District Runners	M	V60	65	3
73	20:49	1649	Daniel	Pearce	Grantham Running Club	M	V40	66	15
74	20:53	1576	Jerzy	Nowosielski		M	V50	67	14
75	21:01	1620	Jayne	Baldwin	Doncaster Athletic Club	F	V50	8	1
76	21:04	1497	Neil	Coney	Lincoln Wellington Athletic Club	M	V50	68	15
77	21:07	1610	Luke	Shillings	Caistor Running Club	M	V40	69	16
78	21:09	1573	James	Mcmullen	Grantham Running Club	M	V40	70	17
79	21:16	1650	Ryan	Alexander		M	Sen	71	21
80	21:21	1635	Piotr	Pienko		M	V40	72	18
81	21:25	1574	Brian	Mitchell	Lincoln Wellington Athletic Club	M	V50	73	16
82	21:36	1578	Catherine	Payne	Grantham Running Club	F	V50	9	2
83	21:37	1568	Ella	Headland	Lincoln Wellington Athletic Club	F	U20	10	1
84	21:42	1651	Holly	Parkinson		F	Sen	11	6
85	21:47	1598	Hannah	Whittaker	Grantham Running Club	F	V40	12	3
86	21:49	1537	Helen	Pavey	Lincoln Wellington Athletic Club	F	V50	13	3
87	21:53	1624	Martyn	Gammidge	Caistor Running Club	M	V50	74	17
88	21:56	1551	Richard	Dobbs	Grantham Running Club	M	V40	75	19
89	21:57	1587	Geraldine	Hay		F	Sen	14	7
90	22:12	1552	Oscar	Doyle		M	Sen	76	22
91	22:17	1590	Fred	Smith	Sleaford Town Runners	M	V50	77	18
92	22:21	1599	Anna-Marie	Thompson	Sleaford Striders AC	F	V50	15	4
93	22:22	1586	Georgia	Thomas	Lincoln Wellington Athletic Club	F	Sen	16	8
94	22:26	1567	Frere	Buckland		F	Sen	17	9
95	22:29	1591	Lisa	Hobson	Sleaford Town Runners	F	V50	18	5
96	22:36	1639	Nicola	Ruston-Litchfield	Grantham Running Club	F	V40	19	4

97	22:40	1516	Craig	Lowis	Lincoln and District Runners	M	V40	78	20
98	22:42	1608	Kimberley	Etherington-Bate	Newark Athletic Club	F	Sen	20	10
99	22:50	1629	Craig	Ward	Caistor Running Club	M	V40	79	21
100	22:55	1560	Jonathan	May	Lincoln & District Runners	M	V40	80	22
101	23:01	1631	Karen	Green	City of Hull AC	F	V50	21	6
102	23:02	1559	Gordon	Palmer	Off that couch fitness	M	V60	81	4
103	23:22	1554	Lynsey	Warren		F	Sen	22	11
104	23:30	1607	Geoff	Hall		M	V60	82	5
105	23:46	1572	Kevin	Dunne	Gainsborough & Morton Striders	M	V60	83	6
106	23:46	1499	Robert	McArdle	Grantham Running Club	M	V60	84	7
107	23:48	1637	Joanne	Diffey	Lincoln Wellington Athletic Club	F	V50	23	7
108	23:49	1542	Lily	Samkin	Lincoln Wellington Athletic Club	F	U20	24	2
109	23:51	1646	Vikki	Hearn	Gainsborough & Morton Striders	F	V40	25	5
110	24:06	1523	Keith	Rossiter		M	V60	85	8
111	24:10	1522	Kerry	Hallsworth	Caistor Running Club	F	V40	26	6
112	24:20	1589	Rachael	Carpenter		F	V50	27	8
113	24:37	1615	Tommy	Napier	Grantham Running Club	M	V60	86	9
114	24:39	1549	Rebecca	Bone	Great Yarmouth Road Runners	F	V40	28	7
115	24:44	1594	Andrew	Tattersall		M	V50	87	19
116	24:47	1553	Duncan	Chenery	Ipswich Jaffa RC	M	V60	88	10
117	24:48	1626	Luke	Roberts		M	Sen	89	23
118	24:55	1618	Clare	Ward	Gainsborough & Morton Striders	F	Sen	29	12
119	24:56	1577	David	Mann	Lonely Goat RC	M	V40	90	23
120	24:58	1524	Scott	Nicholls	Lincoln Wellington Athletic Club	M	V50	91	20
121	25:10	1595	Paul	Jepson	Grantham Running Club	M	V60	92	11
122	25:30	1619	Sarah	High	Grantham Running Club	F	V60	30	1
123	25:32	1652	Michal	Nizler		M	V40	93	24
124	25:39	1601	Fiona	White	Sleaford Striders AC	F	V50	31	9
125	25:41	1616	Marjorie	Spendlow	Grantham Running Club	F	V50	32	10
126	26:06	1623	Sarah	Chadwick	Caistor Running Club	F	V40	33	8
127	26:14	1632	Elsie	Gill	Lincoln Wellington Athletic Club	F	U17	34	1
128	26:18	1556	Simon	Talbot		M	V50	94	21
129	26:22	1645	Jo	Clifton		F	V40	35	9

130	27:25	1539	Poppy	Liddell	Lincoln Wellington Athletic Club	F	U20	36	3
131	27:35	1605	Patrick	Porter	Nettleham Trotters	M	V60	95	12
132	27:36	1588	Meg	Smith	Sleaford Town Runners	F	V60	37	2
133	28:16	1575	Jim	Aram	Lincoln Wellington Athletic Club	M	V40	96	25
134	29:05	1628	Jessica	Everard		F	Sen	38	13
135	29:50	1496	James	Clayton	Wolds Veteran RC	M	V40	97	26
136	32:59	1592	Jane	Winter	Sleaford Town Runners	F	V60	39	3
137	33:01	1492	Paul	Coyne	Sleaford Town Runners	M	V60	98	13