

Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
1	15:06	932	William	Strangeway	Lincoln Wellington AC	M	SEN	1	1
2	15:22	948	Tom	Straw	Lincoln Wellington AC	M	SEN	2	2
3	16:07	949	James	Straw	Lincoln Wellington AC	M	SEN	3	3
4	16:16	869	Lewis	Budgen	Lincoln Wellington AC	M	U17	4	1
5	16:19	871	Marc	Thorpe	Lincoln Wellington AC	M	V40	5	1
6	16:24	946	Philip	Nind	Lincoln & District	M	SEN	6	4
7	16:33	887	Ian	Williams	Grantham Running Club	M	SEN	7	5
8	16:40	862	George	Rowland	Doncaster AC	M	U17	8	2
9	16:43	876	Will	Bloom	Lincoln Wellington AC	M	U17	9	3
10	16:59	909	Abbie	Donnelly	Lincoln Wellington AC	F	SEN	1	1
11	17:00	1537	Matthew	Kingston-Lee	Grantham Running Club	M	V40	10	2
12	17:08	867	Stuart	Eccles	Lincoln Wellington AC	M	SEN	11	6
13	17:10	904	Creighton	Connolly	Lincoln Wellington AC	M	SEN	12	7
14	17:12	930	Martin	Troop	Lincoln Wellington AC	M	SEN	13	8
15	17:13	919	James	Croft	Gainsborough & Morton Striders	M	SEN	14	9
16	17:21	879	Gary	Bertins	Sutton in Ashfield Harriers	M	SEN	15	10
17	17:22	960	Greg	Southern	Sleaford Striders	M	V50	16	1
18	17:32	890	David	Hunter	Lincoln & District	M	SEN	17	11
19	17:36	1519	Chris	Limmer	Grantham Running Club	M	SEN	18	12
20	17:41	1535	Callum	Parkin	U/A	M	SEN	19	13
21	17:42	940	Kaoru	Shimada	Lincoln Wellington AC	M	V40	20	3
22	17:43	863	Ryan	Porter	U/A	M	SEN	21	14
23	17:44	972	John	Mosley	Lincoln Wellington AC	M	V40	22	4
24	17:45	893	Laura	Wilkinson	Lincoln Wellington AC	F	SEN	2	2
25	17.59	942	Thomas	Marshall	Lincoln Wellington AC	M	SEN	23	15

Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
26	18:08	938	Michael	Nott	Lincoln Wellington AC	M	U20	24	1
27	18:10	977	Samuel	Spencer	Lincoln & District	M	V40	25	5
28	18:15	1542	Dave	Armstrong	Lincoln Wellington AC	M	V40	26	6
29	18:18	1530	Helena	Schofield	Lincoln Wellington AC	F	SEN	3	3
30	18:18	899	Andrew	Reynolds	Holme Pierrepont	M	SEN	27	16
31	18:19	901	Joe	Clarke	Grantham Running Club	M	SEN	28	17
32	18:20	976	Jonathan	Roberts	Lincoln & District	M	SEN	29	18
33	18:23	875	Peter	Duncan	Lincoln Wellington AC	M	V50	30	2
34	18:25	979	Jerzy	Nowosielski	U/A	M	V40	31	7
35	18:26	927	Jack	Lawson	U/A	M	SEN	32	19
36	18:28	1520	Joaquim	Jeronimo	Grantham Running Club	M	SEN	33	20
37	18:30	880	Matthew	Williamson	Grantham Running Club	M	SEN	34	21
38	18:38	970	Steven	John	Lincoln & District	M	SEN	35	22
39	18:40	945	Raymond	Clayton	Lincoln Wellington AC	M	V40	36	8
40	18:40	884	Joseph	Jenkins	Lincoln Wellington AC	M	U17	37	4
41	18:42	928	Sophie	Wallis	Lincoln Wellington AC	F	SEN	4	4
42	18:47	898	Robert	Howbrook	Grantham RC	M	V60	38	1
43	18:50	923	Wayne	Greenfield	Gainsborough & Morton Striders	M	V40	39	9
44	18:53	955	Mark	Page	Sleaford Striders	M	V40	40	10
45	18:57	947	Jack	Moore	Lincoln Wellington AC	M	U20	41	2
46	18:59	886	Gareth	Bartlett	RAF Athletics	M	SEN	42	23
47	19:00	892	Peter	Bonner	Grantham RC	M	V40	43	11
48	19:01	872	Steve	Barber	Askern & District RC	M	V40	44	12
49	19:07	908	William	Carus-Wilson	Lincoln Wellington AC	M	U17	45	5
50	19:09	903	Mike	Wells	Caistor Running Club	M	V40	46	13

Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
51	19:15	935	Martin	Waite	Witham Runners	M	V50	47	3
52	19:21	1543	Adam	Poster	Lincoln Wellington AC	M	U17	48	6
53	19:25	1551	Jenny	McBain	Alchester Running Club	F	V40	5	1
54	19:51	1550	Adam	Gilbert	Sleaford Striders	M	SEN	49	24
55	19:54	951	Dave	Dews	Newark Striders	M	SEN	50	25
56	19:56	922	Holly	Haywood	Lincoln Wellington AC	F	SEN	6	5
57	20:00	873	Ben	Mather	LOG	M	U17	51	7
58	20:07	957	Gary	Britnell	Sleaford Town Runners	M	V50	52	4
59	20:09	1547	Dave	Burton	Sleaford Striders	M	V50	53	5
60	20:13	1532	Brian	Mitchell	Witham Runners	M	V40	54	14
61	20:19	929	Charlie	Hanson	U/A	F	SEN	7	6
62	20:21	881	Madison	Green	Lincoln Wellington AC	F	U15	8	1
63	20:24	902	Andy	Atter	Grantham Running Club	M	SEN	55	26
64	20:32	889	Judith	Broadbent	Lincoln Wellington AC	F	SEN	9	7
65	20:43	956	Natalie	Bown	U/A	F	SEN	10	8
66	20:47	1540	Jamie	Claricoates	U/A	M	V40	56	15
67	20:48	971	William	Bentley	Grantham AC	M	U17	57	8
68	20:50	1536	Stefan	Latter	Grantham Running Club	M	V40	58	16
69	20:51	924	John	Harrison	Worksop Harriers	M	V50	59	6
70	20:52	1548	Andy	Dickinson	Sleaford Striders	M	V50	60	7
71	20:58	878	Catherine	Payne	Grantham RC	F	V50	11	1
72	21:06	1518	Jack	Dodwell	Grantham RC	M	SEN	61	27
73	21:11	1549	Jason	Palmer	Sleaford Striders	M	V40	62	17
74	21:13	1545	Sam	Warrener	Sleaford Striders	M	SEN	63	28
75	21:16	958	Fred	Smith	Sleaford Town Runners	M	V50	64	8

76	21:20	883	Lucy	Davies	Lincoln Wellington AC	F	U17	12	1
77	21:22	891	Ryan	Alexander	Lincoln Wellington AC	M	SEN	65	29
78	21:23	870	Neil	Smalley	U/A	M	V40	66	18
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
79	21:24	937	Sam	Dodwell	Grantham Running Club	M	SEN	67	30
80	21:25	888	John	Hutton	Sleaford Striders AC	M	V40	68	19
81	21:32	953	Francis	Ward	Lincoln Wellington AC	M	V50	69	9
82	21:35	1556	Helen	Pavey	Lincoln Wellington AC	F	V40	13	2
83	21:41	1541	Kevin	Dunne	Gainsborough & Morton Striders	M	V60	70	2
84	21:43	931	Geoff	Hall	U/A	M	V60	71	3
85	21:44	1544	John	Warrener	Sleaford Striders	M	SEN	72	31
86	21:44	1552	Joanne	Diffey	Lincoln Wellington AC	F	V40	14	3
87	21:46	936	Thomas	Kirman	U/A	M	SEN	73	32
88	21:47	1539	Janet	Hope	Lincoln Wellington AC	F	V50	15	2
89	21:50	925	Christopher	Wood	Lincoln & District	M	V60	74	4
90	21:55	913	Thomas	Bond	Gainsborough & Morton Striders	M	SEN	75	33
91	21:56	874	John	Mather	LOG	M	V40	76	20
92	21:57	906	Mark	Turner	Lincoln Wellington AC	M	V50	77	10
93	22:02	1558	Rory	Standish	Lincoln Tri	M	U17	78	9
94	22:03	1521	Adrian	Walker	Grantham Running Club	M	V40	79	21
95	22:04	961	Andrew	Barlex	Sleaford Town Runners	M	V50	80	11
96	22:08	1559	Daniel	Smith	Lincoln Wellington AC	M	V40	81	22
97	22:21	974	Peter	Wells	Lincoln & District	M	V50	82	12
98	22:22	939	Paul	Kelly	Grantham Running Club	M	V40	83	23
99	22:26	950	Peter	Davis	Newark Striders	M	V60	84	5
100	22:28	897	Hannah	San Jose	Grantham Running Club	F	V40	16	4

101	22:42	896	Nick	Rossington	Grantham RC	M	V50	85	13
102	22:48	900	Ian	Haldenby	Gainsborough & Morton Striders	M	V40	86	24
103	22:51	917	Phil	Kitchen	Gainsborough & Morton Striders	M	V50	87	14
104	22:52	1531	Donna	Walters	Lincoln Wellington AC	F	V40	17	5
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
105	22:53	895	Claire	Wilkinson	Lincoln Wellington AC	F	SEN	18	9
106	22:54	894	Kirk	Wilkinson	100km Club	M	V60	88	6
107	22:55	959	Paul	Kidd	Sleaford Town Runners	M	V40	89	25
108	23:09	933	Stephen	Tomlinson	Newark Striders	M	V40	90	26
109	23:12	865	Jemma	Muir	Scunthorpe & District	F	SEN	19	10
110	23:13	866	Mark	Muir	Scunthorpe & District	M	SEN	91	34
111	23:14	911	Martin	Morley	Lincoln Wellington AC	M	V60	92	7
112	23:17	952	Jason	Jeal	Lincoln Wellington AC	M	V40	93	27
113	23:24	885	Robert	McArdle	Grantham RC	M	V50	94	15
114	23:33	910	Jim	Davies	U/A	M	V60	95	8
115	23:40	967	Paul	Freemantle	Sleaford Town Runners	M	V50	96	16
116	23:43	966	Caroline	Colley	Lincoln Wellington AC	F	V50	20	3
117	24:00	868	Stephen	Banks	Lincoln & District	M	V50	97	17
118	24:03	934	Kimberley	Etherington-B	Notfast RC	F	SEN	21	11
119	24:08	980	Kim	Duffy	Sleaford Striders	F	SEN	22	12
120	24:34	882	Caroline	Davis	Grantham Running Club	F	V40	23	6
121	24:43	905	Jim	Aram	Lincoln Wellington AC	M	V40	98	28
122	24:49	964	Richard	Hall	Grantham Running Club	M	V50	99	18
123	25:03	918	Samantha	Ritson	Scunthorpe & District	F	V40	24	7
124	25:05	921	Jeff	Hall	Lincoln Wellington AC	M	V50	100	19
125	25:11	915	Clare	Hardwick	Gainsborough & Morton Striders	F	SEN	25	13

126	25:15	968	Angela	Freemantle	Sleaford Town Runners	F	V50	26	4
127	25:16	975	Christine	Wells	Lincoln & District	F	V50	27	5
128	25:20	1555	Cliff	Middleton	Gainsborough & Morton Striders	M	V50	101	20
129	25:21	962	Rosalind	Sadler	Grantham Running Club	F	V40	28	8
130	25:25	916	Dave	Smith	Lincoln Wellington AC	M	V60	102	9
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
131	25:27	1523	Sarah	Hugh	Grantham Running Club	F	V50	29	6
132	25:36	920	Simon	Talbot	Lincoln Wellington AC	M	V40	103	29
133	26:00	963	Julie	Gilbert	Grantham Running Club	F	V40	30	9
134	26:29	954	Matthew	Lea	Fig Rolls Racing	M	V40	104	30
135	26:44	1546	Rachel	Pattison	Grantham Running Club	F	V40	31	10
136	26:51	969	Charlotte	Leeson	Sleaford Town Runners	F	SEN	32	14
137	26:57	1538	Libby	Albery	Lincoln Wellington AC	F	SEN	33	15
138	27:05	1534	Steve	Kennedy	U/A	M	V40	105	31
139	27:08	1553	Kim	Ulysses	Sleaford Town Runners	F	V50	34	7
140	27:11	1557	Georgie	Green	U/A	F	V40	35	11
141	27:26	914	Chloe	Airey	Gainsborough & Morton Striders	F	SEN	36	16
142	28:10	944	Tracy	Webb	Grantham Running Club	F	V50	37	8
143	28:48	926	Sophie	Pillsworth	U/A	F	SEN	38	17
144	29:07	1522	Suzanne	Hardy	Grantham Running Club	F	V50	39	9
145	29:12	943	Claire	Fritz	Grantham Running Club	F	V40	40	12
146	29:14	877	Kate	Marshall	Grantham Running Club	F	V40	41	13
147	29:24	973	Chris	Fryer	U/A	M	V40	106	32
148	29:55	1554	Jane	Winter	Sleaford Town Runners	F	V50	42	10
149	30:20	978	Rachel	Haldenby	Gainsborough & Morton Striders	F	V40	43	14
150	30:38	1533	Louise	Kennedy	Grantham Running Club	F	V40	44	15

151	31:01	965	Dona	Hall	Grantham Running Club	F	V50	45	11
152	33:23	861	Jill	Widdison	Lincoln Wellington AC	F	V50	46	12
153	36:00	907	Matthew	Crow	U/A	M	SEN	107	35
154	37:41	941	Deborah	Kingston	U/A	F	V40	47	16

Female Overall:									
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
10	16:59	909	Abbie	Donnelly	Lincoln Wellington AC	F	SEN	1	1
24	17:45	893	Laura	Wilkinson	Lincoln Wellington AC	F	SEN	2	2
29	18:18	1530	Helena	Schofield	Lincoln Wellington AC	F	SEN	3	3
Female Age Categories:									
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
62	20:21	881	Madison	Green	Lincoln Wellington AC	F	U15	8	1
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
76	21:02	883	Lucy	Davies	Lincoln Wellington AC	F	U17	12	1
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
53	19:25	1551	Jenny	McBain	Alchester Running Club	F	V40	5	1
82	21:35	1556	Helen	Pavey	Lincoln Wellington AC	F	V40	13	2
86	21:44	1552	Joanne	Diffey	Lincoln Wellington AC	F	V40	14	3
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
71	20:58	878	Catherine	Payne	Grantham RC	F	V50	11	1
88	21:47	1539	Janet	Hope	Lincoln Wellington AC	F	V50	15	2
116	23:43	966	Caroline	Colley	Lincoln Wellington AC	F	V50	20	3

Male Overall:									
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
1	15:06	932	William	Strangeway	Lincoln Wellington AC	M	SEN	1	1
2	15:22	948	Tom	Straw	Lincoln Wellington AC	M	SEN	2	2
3	16:07	949	James	Straw	Lincoln Wellington AC	M	SEN	3	3
Male Age Categories:									
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
4	16:16	869	Lewis	Budgen	Lincoln Wellington AC	M	U17	4	1
8	16:04	862	George	Rowland	Doncaster AC	M	U17	8	2
9	16:43	876	Will	Bloom	Lincoln Wellington AC	M	U17	9	3
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
26	18:08	938	Michael	Nott	Lincoln Wellington AC	M	U20	24	1
45	18:57	947	Jack	Moore	Lincoln Wellington AC	M	U20	41	2
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
5	16:19	871	Marc	Thorpe	Lincoln Wellington AC	M	V40	5	1
11	17:00	1537	Matthew	Kingston-Lee	Grantham Running Club	M	V40	10	2
21	17:42	940	Kaoru	Shimada	Lincoln Wellington AC	M	V40	20	3

Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
17	17:22	960	Greg	Southern	Sleaford Striders	M	V50	16	1
33	18:23	875	Peter	Duncan	Lincoln Wellington AC	M	V50	30	2
51	19:15	935	Martin	Waite	Witham Runners	M	V50	47	3
Position	Time	Race 1 Number	First Name	Surname	CLUB	Gender	CAT	Gender Position	Category Position
42	18:47	898	Robert	Howbrook	Grantham RC	M	V60	38	1
83	21:41	1541	Kevin	Dunne	Gainsborough & Morton Striders	M	V60	70	2
84	21:43	931	Geoff	Hall	U/A	M	V60	71	3

LWAC 5k Summer Series 2019

Race 1 Category Results

