



LINCOLN WELLINGTON AC 5K RACE SERIES 2018

Incorporating 3k & 1k Junior Series 2018

5k: 15 and over, u/17 u/20 Senior/Vet
3k: 9 and over, u/13, u/15
1k: u/11



Lincs Van Hire
Great Value Van & Truck Hire

RACE PERMIT applied for flat fast course, traffic free.
Yarborough Leisure Centre, Riseholme Road, Lincoln LN1 3SP

2018 Race Dates: 22 May / 26 June / 17 July / 21 August
1k and 3k races start at 7.00pm and 5k race starts at 7.30pm

1k race (u/11). £3.00

1k Series (u/11) £9.00

3k (u13/u15) £4.00

3k Series all age categories £12.00

5k race (club athletes) £5.00

5k (non-affiliated athletes) £7.00

5k Series (club athletes) £15.00

5k Series (non-affiliated athletes) £23.00



5K Series Winner - 1st Male £200, 1st Female £200



Each Vets age category winner 40/50/60 - 1st Male £50.00 1st Female £50.00

3k Series - individual medals for 1st/2nd/3rd series placings male and female

(Prizes: To win a prize you must complete at least 3 of the 4 races)

1k and 3k - medals to all participants for each race completed.

NAME.....

EMAIL.....

PHONE NO.....

CLUB MALE / FEMALE

DATE OF BIRTH

AGE ON 22 MAY 2018.....

AGE GROUPS BASED ON AGE ON DATE OF FIRST RACE IN SERIES

(PLEASE NOTE; Male/Female Veteran age groups are 40-49 / 50-59 / 60 onwards)

EVENT: * Please circle as appropriate to you.

1k Under 11*

3k* u/13* u/15 *

5k* 15 and over* u/17* u/20* Senior* /Vet*

RACE*: Whole Series* / 22 May* / 26 June* / 17 July* / 21 August*

REGISTRATION AND PAYMENT on first race or individual race days.

RACE NUMBERS ARE TO BE COLLECTED FROM RACE HQ (Sports Hub) PRIOR TO THE START

DISCLAIMER: I agree to abide by the rules of UK Athletics and the event. I understand that I enter the race at my own risk and that no person(s) or organisations will be held responsible for any accident, injury or loss to myself prior to, during, or after the event. I understand the organisers reserve the right to alter arrangements and conditions should circumstances require. If under 18 years of age, a parent/guardian's signature is required.

Signature.....Date.....

Please bring this form already completed if possible to save time at registration.

**Thank you to Lincs Van Hire (www.lincsvanhire.co.uk)
for their support of the Lincoln Wellington AC 5K Race Series**