

LINCOLNSHIRE COUNTY TRACK AND FIELD CHAMPIONSHIPS EVENTS 2017

UNDER 13 GIRLS 100m, 200m, 800m, 1500m, 70mH (68.5cm), HJ, LJ, Shot (2.72kg), Discus (0.75kg), Javelin (400g)

UNDER 13 BOYS 100m, 200m, 800m, 1500m, 75mH (76.2cm), HJ, LJ, Shot (3.25kg), Discus (1kg), Javelin (400g)

UNDER 15 GIRLS 100m, 200m, 800m, 1500m, 3000m, 75mH (76.2cm), HJ, LJ, PV, Shot (3kg), Discus (1kg), Javelin (500g), Hammer (3kg)

UNDER 15 BOYS 100m, 200m, 300m, 800m, 1500m, 3000m, 80mH (84.0cm), HJ, LJ, TJ, PV, Shot (4kg), Discus (1.25kg), Javelin (600g), Hammer (4kg)

UNDER 17 WOMEN 100m, 200m, 300m, 800m, 1500m, 3000m, 80mH (76.2cm), 300mH (76.2cm), HJ, LJ, TJ, PV, Shot (3kg), Discus (1kg), Javelin (500g), Hammer (3kg)

UNDER 17 MEN 100m, 200m, 400m, 800m, 1500m, 3000m, 100mH (91.4cm), 400mH (84.0cm), 1500mSC, HJ, LJ, TJ, PV, Shot (5kg), Discus (1.5kg), Javelin (700g), Hammer (5kg)

UNDER 20 WOMEN 100m, 200m, 400m, 800m, 1500m, 3000m, 100mH (84.0cm), 400mH (76.2cm), HJ, LJ, TJ, PV, Shot (4kg), Discus (1kg), Javelin (600g), Hammer (4kg)

UNDER 20 MEN 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 110mH (99.0cm), 400mH (91.4cm), 2000mSC, HJ, LJ, TJ, PV, Shot (6kg), Discus (1.75kg), Javelin (800g), Hammer (6kg)

SENIOR WOMEN 100m, 200m, 400m, 800m, 1500m, 3000m, 100mH (84.0cm), 400mH (76.2cm), HJ, LJ, TJ, PV, Shot (4kg), Discus (1kg), Javelin (600g), Hammer (4kg)

SENIOR MEN 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 110mH (106.7cm), 400mH (91.4cm), 2000mSC, HJ, LJ, TJ, PV, Shot (7.26kg), Discus (2kg), Javelin (800g), Hammer (7.26kg)

VETERAN WOMEN 100m, 200m, 400m, 800m, 1500m, 3000m, 80mH (76.2/68.5cm), 300/400mH (68.5/76.2cm), HJ, LJ, TJ, PV, Shot (4kg/3kg), Discus (1kg), Javelin (600/500/400g), Hammer (4kg/3kg)

VETERAN MEN 100m, 200m, 400m, 800m, 1500m, 5000m, 10000m, 110/100mH (99/91.4/84cm), 400mH (91.4/84cm), 3000mSC, HJ, LJ, TJ, PV, Shot (7.26/6kg), Discus (2/1.5kg), Javelin (800/700g), Hammer (7.26/6kg)

**ALL CHAMPIONSHIP TRIPLE JUMPS, STEEPLE CHASE AND 10,000m WILL BE INCLUDED IN THE 4<sup>TH</sup> MATCH OF THIS SEASON'S LINCS T&F LEAGUE (3<sup>RD</sup> SEPTEMBER)**

**IT IS HOPED THAT A CHAMPIONSHIP 300m FOR U15 GIRLS CAN BE INCLUDED IN THE 3<sup>RD</sup> (25<sup>TH</sup> JUNE) OR 4<sup>TH</sup> LINCS T&F LEAGUE MATCH**

# LINCOLNSHIRE ATHLETIC ASSOCIATION

## TRACK AND FIELD CHAMPIONSHIPS SATURDAY 13<sup>th</sup> MAY 2017

### Timetable

<u>TRACK</u>	<u>FIELD</u>
10:15am 300mH - U15B, U17W, V/W	10:00am Long Jump - U20M, S/M, V/M Discus - U13B, U15B Shot - U20W, S/W, V/W Javelin - U13G, U15G
10:20am 400mH - U20W, S/W	11:00am Hammer – All Permitted Females
10:25am 400mH - U17M, U20M, S/M, V/M	11:15am Pole Vault – All Permitted Age Groups Long Jump - U13G
10:35am 800m (Heats/Finals) - All Age Groups	11:30am Shot – U20M, S/M, V/M
11:35am 100m (Heats/Finals) - All Age Groups	12:00 noon High Jump – U17W, U20W, S/W, V/W Long Jump – U17M, U15B
12:30pm 300m / 400m - U15's through to VETS	12:30pm Javelin – U17M, U20M, S/M, V/M Discus – U13G, U15G Long Jump - U20W, S/W, V/W
1:20pm Sprint Hurdles Followed by 100m Finals	1:30pm Javelin – U13B, U15B Discus - U17W, U20W, S/W, V/W
2:05pm 1500m - All Age Groups	1:45pm High Jump - U13B, U15B Long Jump – U17W, U15G
2:55pm 200m - All Age Groups Followed By 800m Finals	2:45pm Javelin - U17W, U20W, S/W, V/W Discus - U17M, U20M, S/M, V/M Shot - U13B, U15B, U17M
4:00pm 3,000m - All Permitted Age groups	3:00pm High Jump - U13G, U15G
4:15pm 5,000m - U20M, S/M, V/M	4:00pm Hammer – All Permitted Males Long Jump – U13B Shot - U13G, U15G, U17W High Jump –U17M, U20M, S/M, V/M
4:45pm 200m Finals	
<b><u>NOT</u> INCLUDED IN THIS TIMETABLE:</b>	
<b>Steeple Chase, Triple Jump, 10,000m</b>	