



**Lincoln Wellington AC - WOMENS Road Runners League 2011**

Posn	Move	Name	Ferriby 10	Stamford 30k	Grantham HM	Lincoln 10k	Sheffield HM	LWAC 5k Series Race 1	Woodhall Spa 10k	LWAC 5K Series Race 2	LWAC 5k Series Race 3	Heckington 10	Newark HM	LWAC 5k Series Race 4	LincsWolds 10	Clumber Park 10k	Workshop HM	Barnsley 10k	Ave Pace/Km	
			Date >	30-Jan-11	13-Feb-11	20-Mar-11	03-Apr-11	08-May-11	25-May-11	05-Jun-11	29-Jun-11	27-Jul-11	30-Jul-11	14-Aug-11	31-Aug-11	03-Sep-11	25-Sep-11	30-Oct-11	20-Nov-11	Total Pts
			Km >	16.09	30.00	21.10	10.00	21.10	5.00	10.00	5.00	5.00	16.90	21.10	5.00	16.90	10.00	21.10	10.00	
1	-	Kerry McCall	Time 01:16:57 Age Adj 01:16:57 Pts 12	02:35:04	01:47:16	00:45:09			00:46:25	00:22:16		01:21:04	01:51:08	00:23:04			01:52:15	00:47:53	04:59	
2	-	Pam Baxter	Time Age Adj Pts		02:15:51 02:02:34	00:59:42 00:53:27		00:28:17 00:25:09	01:11:14 01:03:46	00:27:46 00:24:42	00:27:28 00:24:26	01:38:59 01:29:04	02:17:46 02:04:18	00:26:56 00:23:57	01:50:21 01:39:17	00:57:32 00:51:30	02:15:43 02:02:27	00:58:29 00:52:21	05:35	
3	+1	Jackie Clarney	Time 01:29:40 Age Adj 01:22:49 Pts 8		02:00:05 01:51:14	00:51:31 00:47:21				00:24:33 00:22:25	00:23:58 00:21:53			00:24:00 00:21:55	01:32:48 01:25:43		02:10:35 02:00:58	00:53:01 00:48:44	05:07	
4	-1	Anne Gilroy	Time 01:20:47 Age Adj 01:08:05 Pts 15	02:42:48	01:49:38	00:49:28			00:49:18			01:23:10			01:28:29				04:21	
5	-	Jo Gilroy	Time 01:19:40 Age Adj 01:19:40 Pts 9			00:48:52			00:48:59	00:23:39	00:23:33			00:22:49					04:51	
6	-	Deb Daly	Time 01:16:57 Age Adj 01:12:53 Pts 13	02:33:37	01:43:06		01:45:05												04:44	
7	-	Jane Charlesworth	Time Age Adj Pts			00:44:30 00:42:39			00:44:35 00:42:44								01:42:13 01:38:43		04:29	
8	-	Jane Ramsden	Time 01:24:40 Age Adj 01:14:08 Pts 12		01:52:40	01:38:55						01:23:15							04:33	
9	-	Netty Wasyliw	Time 01:15:48 Age Adj 01:10:36 Pts 14	02:30:55								14							04:36	
10	-	Sylvia Parkinson	Time 01:15:13 Age Adj 01:15:13 Pts 11						00:45:36 00:45:37										04:38	
11	-	Lucy Titchmarsh	Time Age Adj Pts			00:56:22 00:55:21			00:57:34 00:56:31										05:36	

Wava Calculator - <http://www.marlbroughrunningclub.co.uk/agegradingcalc.shtm>